

Networking Board Cards

Name: Jackie Groundsell
Company: **1230 The Women's Company**
Contact Number: 020 8650 8015 / 07930 756 012

We Buy: Business Women
We Sell: Opportunities to grow your business & to open up your own business.

Name: Tony Michael
Company: **Abacus Mortgage and Finance Consultants**
Contact Number: 020 8325 2092 / 07723 301 495

We Buy: -
We Sell: Financial advice, Short/Long term Commercial Finance, Asset Finance, Development Finance, and Residential Mortgages & Loans.

Name: Adam Cribben
Company: **A.C.Brickwork**
Contact Number: 01689 619 081 / 07956 914 389

We Buy: -
We Sell: Brickwork & Construction

Name: Nellie Katchinska
Company: **Act on a Plate**
Contact Number: 07946 564 641

We Buy: -
We Sell: Creative Workshops, Team-building Events, and Arty Parties.

Name: Alys Bailey
Company: **Active Life Osteopathy**
Contact Number: 0208 315 0599

We Buy: Business that wants to offer osteopathy to employees- will come to premises, avoid employee sick days.
We Sell: Treatment of muscle, joint and nerve problems, Pain relief and increased mobility, Pilate's classes.

Name: Emily Bailey
Company: **Active Life Personal Trainer**
Contact Number: 07921 250 201 / emilyinducedkaos@gmail.com

We Buy: Fitness and Health
We Sell: Personal training- Weight management, nutritional advice, rehab, pre & post natal, burlesque and pole dancing.

Name: Martin Bernal
Company: **Aficionado Ltd**
Contact Number: 07970 056 369

We Buy: Tile Adhesives, Grout, Levelling compounds and other building materials.
We Sell: Ceramic & natural stone wall and floor tiling.

Name: Ann Watson- Thomas
Company: **Annex Design Limited**
Contact Number: 0208 402 6793 / 07809 382 911

We Buy: The right people and services to get the job done.
We Sell: Over 3 Decades of creativity expertise in the graphic design and publishing sectors.

Name: Tony Frost
Company: **Barrier Air Conditioning Ltd**
Contact Number: 07768 906 411 / 01689 899 446

We Buy: -
We Sell: Supply, Installation & maintenance of air conditioning in the commercial and public sector.

Name: Barry Tuckwood
Company: **Barry Tuckwood Associates**
Contact Number: 0208 295 2009 / 07801 062 763 / barry@tuckwood.co.uk

We Buy: Office Supplies
We Sell: Management Support- strategy review, project planning and management, German Translations.

Name: Brian
Company: **Bell Stills Video Productions**
Contact Number: 020 8467 5678

We Buy: -
We Sell: Commercial corporate stills photography / filming.

Name: John Clifford
Company: **British Eco**
Contact Number: 07808 295 074

We Buy: -
We Sell: Renewable Energy Solutions.

Name: Tom Searle
Company: **British Safety Ltd**
Contact Number: 020 8325 0232 / 07710 270 555

We Buy: -
We Sell: Health and Safety Consultancy and Training Services.

Name: Louise Milner
Company: **Bromley Educational Business Partnership**
Contact Number: 0208 462 5076

We Buy: I'm looking for volunteers to help run activities in schools.
We Sell: Mock Interviews, CV Workshops, Preparing students for work, Dragons for Dragons Den.

Name: Neil Todd
Company: **Cadcreations**
Contact Number: 0208 916 2057

We Buy: -
We Sell: CAD Draughting Service based in south Croydon.

Name: Andrew Calver
Company: **Calver Ltd**
Contact Number: 01689 898 828 / 0777 570 7000

We Buy: Computers, various services.
We Sell: Promotional Products Office Supplies, Graphic design.

Name: Michelle Wharton
Company: **Capricorn Cleaning**
Contact Number: 0208 289 3322 / 07977 231 101

We Buy: -
We Sell: Cleaning Services, office & home.

Name: Steve Carter
Company: **Carter Tools Ltd**
Contact Number: 0208 659 7222 / 07790 360 120

We Buy: -
We Sell: All main brands of Power tools, hand tools and accessories.
We also repair on the premises.

Name: Chandra Sharam
Company: **Cut Price Office Supplies**
Contact Number: 01689 896 464 / 07775 743 630

We Buy: Empty Inkjet cartridges.
We Sell: Office Stationary.

Name: **Moira McGovern**
Company: **Cherry Communications**
Contact Number: 0208 315 6514

We Buy: -
We Sell: Design, web

Name: -
Company: **Cook & Associates**
Contact Number: 0208 460 9991

We Buy: -
We Sell: Lift & Escalator and mechanical & electrical consultancy.

Name: Michael Ball
Company: **Chris Ball & Son Roofing Ltd**
Contact Number: 0208 291 3388 / 07944 219 100

We Buy: -
We Sell: All aspects of roofing services- flat & pitched.

Name: Christine Harris
Company: **Christine Harris**
Contact Number: 020 8663 3401 / 07759 064 191

We Buy: -
We Sell: Tax Returns, Accountancy, SAGE Installation, and Book-keeping. Experience in Construction.

Name: Bob Mack
Company: **Crown Lifts Ltd**
Contact Number: 020 8464 5000 / 07966 342 503

We Buy: -
We Sell: Installation, Modernisation, Refurbishment, and Repair of all lifts.

Name: Scholastica Neziansya
Company: **Crystal Management**
Contact Number: 07949 547 251

We Buy: -
We Sell: Secretarial / Typing services for assistance with admin or paperwork.

Name: Scholastica Neziansya
Company: **Crystal Management**
Contact Number: 07949 547 251

We Buy: -
We Sell: Commercial Cleaning and Domiciliary Care Services.

Name: Alan Hughes
Company: **Drum Tonics**
Contact Number: 07540 312 614

We Buy: -
We Sell: Drum tuition, drumming parties, workshops, team building.

Name: Ian Stanley
Company: **DDS Building & Maintenance**
Contact Number: 07869 143 016

We Buy: -

We Sell: All types of building work, external and internal maintenance.

Name: John Parker
Company: **Electrotest**
Contact Number: 020 8289 0000

We Buy: Electrical material produces, test instruments and tools,
Printing and stationary.

We Sell: Electrical Safety, Inspection & testing of BS7671.

Name: Robert Potok
Company: **Frederick Thomas Electrical**
Contact Number: 01322 339 990 / 07989 171 938

We Buy: Office Supplies, Electrical installation supplies

We Sell: Electrical Contracting & Maintenance.

Name: Craig Potter
Company: **Futures Training/ Orpington College**
Contact Number: 01689 885 365 / 07958 063 242

We Buy: A wide variety of business services

We Sell: Business training and development. Apprenticeships, E-learning, Consultancy, Workshops, Coaching ect.

Name: Marion Lakah
Company: **Granville Consultancy**
Contact Number: 0208 315 0598 / 07714 765 534

We Buy: -

We Sell: Counselling, Therapy, Life Coaching, Group work & 1-1's.

Name: Kola Olutimehin
Company: **Get Kola Consultancy**
Contact Number: 0208 432 3303 / 07884 008 919

We Buy: -

We Sell: Inspirational Speaking, Business Consultancy, and Corporate Training including presentation skills.

Name: -
Company: **Guard Dog Security**
Contact Number: 0208 637 1406 / 07877 685 922

We Buy: Business space for Kennels
We Sell: Guarding Services, K9 Patrols

Name: Cat Lain
Company: **Greenwood Communication**
Contact Number: 07949 838 605

We Buy: Freelance Design Service
We Sell: Marketing, Design, and PR & Communications. Logos, rebranding, brochures and events.

Name: D. Cowperthwaite
Company: **Hisco Ltd**
Contact Number: 0208 289 0743 / 07795 560 732

We Buy: -
We Sell: Building & Energy Consultants, Code of Sustainable homes assessor, Project Management.

Name: Christopher Bird
Company: **ITU Consulting Group**
Contact Number: 0203 011 5863 / 07703 537 856

We Buy: Hardware/Software on behalf of clients.
We Sell: IT Support Services

Name: David Massey
Company: **ILS Languages**
Contact Number: 020 8466 1073 / 07939 543 270

We Buy: -
We Sell: Language Tuition in all languages; French, Spanish, Italian, and And English.

Name: Monica Biokoro
Company: **IQAC**
Contact Number: 0208 249 6432

We Buy: -
We Sell: Quality Assurance Services, Risk management, corporate governance.

Name: Paul Goodwin
Company: **JPM Services**
Contact Number: 0208 778 7322 / 07764 176 228

We Buy: -
We Sell: Gardening Services

Name: John Hayes
Company: **JCH Communications**
Contact Number: 01689 856 357 / 07836 784 965

We Buy: -
We Sell: Marketing & Design Websites, E-Commerce, Logo Design, Brochures, and Leaflets.

Name: David Barlow
Company: **JS Office Environment**
Contact Number: 0208 313 9977 / 07944 550 799

We Buy: Services allied to office interior.
We Sell: Office Planning, Refurbishment, Fit-out and Furniture.

Name: Peter Callistan
Company: **J+H Fire Protection UK Ltd**
Contact Number: 0208 698 0045

We Buy: Pipe, Valves, Fire Alarms
We Sell: Sprinkler installation, Residential systems, fire detections and alarms.

Name: Juliet Sargeant
Company: **JusB**
Contact Number: 0208 464 2722

We Buy: Corporate Sponsorship
We Sell: Help and Support for local young people aged 11-18

Name: Jennifer Khlafa
Company: -
Contact Number: 07943 423 693

We Buy: -
We Sell: Advice and Support on all aspects of human resources.

Name: Martin Lubikowski
Company: **ML Design**
Contact Number: 0208 778 4429 / 07879 655 689

We Buy: Freelance Services, Office Supplies
We Sell: Information design, Mapping of all types, Diagrams, Graphic Design, Photography, and Picture Library.

Name: Sunil Deswal
Company Number: **Mint Leaves Catering**
Contact: 0845 056 9801 / 07792 474 575

We Buy: Food Products, Packaging
We Sell: Authentic Indian Office Catering

Name: Tamara Renshaw
Company: **NatWest Bank**
Contact Number: 07879 662 137

We Buy: SME Customers-30 mile radius of Bromley
We Sell: Business Bank Accounts, Business Finance.

Name: Nick Marchant
Company: **Nick Marchant Photography**
Contact Number: 07860 182 211

We Buy: -
We Sell: Photographic Services

Name: S. Gregory
Company: **Peach Designs**
Contact Number: 0208 663 3686

We Buy: -
We Sell: Signs, design, print management, wide format print, branding.

Name: Diana Dear
Company: **Physical Medicine Ltd**
Contact Number: 0208 467 8699

We Buy: -
We Sell: Physiotherapy.

Name: Mike Fleckney
Company: **Rapier Fire/ Rapier Consulting**
Contact Number: 01959 700 724 / 07524 439 460

We Buy: -
We Sell: Fire & Safety, Risk Assessments, Training

Name: Alf Rajy
Company: **Revolution Projx Consultancy Ltd**
Contact Number: 07973 506 084

We Buy: -
We Sell: Programme/Project Management, Bid Management/Writing.

Name: Clare Cunningham
Company: **Richard Edward**
Contact Number: 0208 311 8888

We Buy: Design
We Sell: BI LITHO Print, Games & Playing Cards.

Name: John Sisley
Company: **Sisley Music**
Contact Number: 01689 876 800 / 07973 622 905

We Buy: Electronic Sound Equipment & accessories
We Sell: Musical Entertainment, corporate and private events.

Name: Andy
Company: **TDB Carpentry**
Contact Number: 01689 826668

We Buy: -
We Sell: Loft Conversion, Extensions, General Carpentry/Building.

Name: John Coupland
Company: **Utility Warehouse**
Contact: 0800 988 6181 / 07764 140 383

We Buy: Business Partners
We Sell: Energy and Communications for businesses and homes.

Name: Janet King
Company: **Violet Light Photography**
Contact Number: 07944433146 / janet@violetlightphotography.com

We Buy: -
We Sell: Photography- Wedding, Portraits and Kids.

Name: Peter Waterhouse
Company: **Speeding Cars Ltd**
Contact Number: 0208 692 6555 / 07973 543 457

We Buy: -
We Sell: Car Hire, Private Hire, Coach Hire and Transport.
